



INTRODUCTION FOR THE DAY

Deuteronomy makes clear that sabbath-keeping is meant for the welfare of all. God delivered the Israelites out of slavery, so they should observe this freedom with a day of rest. No one should work seven days a week; even slaves and foreigners should be able to rest. Yet human beings can turn even the most liberating religious practice into a life-destroying rule. Jesus does not reject sabbath-keeping, but defends its original life-enhancing meaning. Our worship and our religious way of life are to lead to restoration: the hungry being fed and the sick being healed.

GATHERING

Please rise as you are able in body or spirit.

CONFESSION AND FORGIVENESS

The Holy Spirit calls us together as the people of God.

In the name of the Father, and of the + Son, and of the Holy Spirit.

Amen.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you and worthily magnify your holy name, through Jesus Christ our Lord. **Amen.**

Let us confess our sin in the presence of God and of one another.

(Brief Silence)

Gracious God,

have mercy on us. We confess that we have turned from you and given ourselves into the power of sin. We are truly sorry and humbly repent. In your compassion forgive us our sins, known and unknown, things we have done and things we have failed to do. Turn us again to you, and uphold us by your Spirit, so that we may live and serve you in newness of life through Jesus Christ, our Savior and Lord. Amen.

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together with Christ. By grace you have been saved. In the name of + Jesus Christ, your sins are forgiven. Almighty God strengthen you with power through the Holy Spirit, that Christ may live in your hearts through faith.

Amen.

Gathering Song - ELW #521 "O Day of Rest and Gladness"

Apostolic Greeting

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all. **And also with you.**

Prayer of the Day

Almighty and ever-living God, throughout time you free the oppressed, heal the sick, and make whole all that you have made. Look with compassion on the world wounded by sin, and by your power restore us to wholeness of life, through Jesus Christ, our Savior and Lord.

Amen.

Please be seated while the children come forward.

Children's Time

The Word – Readings

First Reading: Deuteronomy 5:12-15

This portion of the Ten Commandments instructs the Israelites to keep the sabbath. The Israelites are to rest, and they are to allow their slaves, their livestock, and the foreigners living among them to do the same. They were once slaves, and so they are to treat their own slaves justly.

¹²Observe the sabbath day and keep it holy, as the LORD your God commanded you. ¹³Six days you shall labor and do all your work. ¹⁴But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. ¹⁵Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.

Word of God, Word of Life. Thanks be to God.

Psalm: Psalm 81:1-10 (Read Responsively)

Raise a loud shout to the God of Jacob. (Ps. 81:1)

¹Sing with joy to God our strength and raise a loud shout to the God of Jacob.

²Raise a song and sound the timbrel, the merry harp, and the lyre.

³Blow the ram's horn at the new moon, and at the full moon, the day of our feast;

⁴for this is a statute for Israel,

a law of the God of Jacob.

⁵God laid it as a solemn charge upon Joseph, going out over the land of Egypt,



where I heard a voice I did not know:

6"I eased your shoulder from the burden;

your hands were set free from the grave digger's basket.

⁷You called on me in trouble, and I delivered you;

I answered you from the secret place of thunder and tested you at the waters of Meribah.

⁸Hear, O my people, and I will admonish you:

O Israel, if you would but listen to me!

⁹There shall be no strange god among you; you shall not worship a foreign god.

 $^{10}\mathbf{I}$ am the LORD your God, who brought you out of the land of Egypt.

Open your mouth wide, and I will fill it.

Second Reading: 2 Corinthians 4:5-12

When we carry out God's ministry we do so not for our glory but for the sake of Jesus Christ whom we proclaim as Lord. The power for ministry comes from God, not us, so that we persevere no matter what, trusting in God's power and promises at work through us.

⁵We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. ⁶For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ.

⁷But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. ⁸We are afflicted in every way, but not crushed; perplexed, but not driven to despair; ⁹persecuted, but not forsaken; struck down, but not destroyed; ¹⁰always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. ¹¹For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. ¹²So death is at work in us, but life in you.

Word of God, Word of Life. Thanks be to God.

Please rise as you are able in body or spirit.

Gospel Acclamation







Gospel: Mark 2:23—3:6

The Gospel according to Mark, the 2nd Chapter. Glory to you, O Lord!

Jesus challenges the prevailing interpretation of what is lawful on the sabbath and tells his critics that the sabbath was made for humankind, not the other way around. Healing the man with the withered hand is work that cannot wait until the next day.

²³One sabbath [Jesus] was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. ²⁴The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" ²⁵And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? ²⁶He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." ²⁷Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; ²⁸so the Son of Man is lord even of the sabbath."

^{3:1}Again he entered the synagogue, and a man was there who had a withered hand. ²They watched him to see whether he would cure him on the sabbath, so that they might accuse him. ³And he said to the man who had the withered hand, "Come forward." ⁴Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. ⁵He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. ⁶The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

The Gospel of the Lord. Praise to you, O Christ.

Please be seated.

Sermon

Pastor Dean Willich

Please rise as you are able in body or spirit.

Hymn of the Day: ELW #617 "We Come to You for Healing Lord"

The Apostles' Creed

I believe in God, the Father almighty, creator of heaven and earth.

I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead.*
On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father,



and he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.



Prayers of Intercession

We come before the triune God to pray for our communities, ourselves, and our world.

A brief silence.

Guide your church to expressions of faith that bring rest and release. Teach your faithful people to be attentive to the spiritual, physical, and societal weariness of our neighbors, that we proclaim your grace through tangible acts of mercy and justice. Merciful God, **receive our prayer.**

Keep us mindful of the rhythms of nature as the days lengthen and the seasons shift toward summer. Grant relief to areas facing flooding or drought and bring favorable weather for the flourishing of crops, gardens, and orchards. Merciful God, **receive our prayer.**

Where there is affliction in our world, bring healing. Where world leaders are perplexed, bring clarity of vision. Give a spirit of discernment to political advisors, institutional researchers, economic analysts, and all vocations that inform the work of governments and policymakers. Merciful God,

receive our prayer.

Provide wholeness and respite to all who are weary: those who struggle in any way and those who care for them *(especially those we now name aloud or in our hearts (brief pause))*. Strengthen first responders and health care workers in their times of exhaustion or frustration. Merciful God,

receive our prayer.

Stir our hearts toward abundant generosity among neighbors who experience hunger and food insecurity. Bless feeding ministries and community food efforts, especially community gardens, farmers markets, food pantries and Little Free Pantries. Open both our hearts and our tables. Merciful God,

receive our prayer.

We remember the communion of saints whose lives made visible the saving life of Jesus Christ. Guide us by their example to embody the treasure of your love for the sake of our world, until we come to our final rest in you. Merciful God, **receive our prayer.**

Receive our prayers, O God, and come quickly to our aid, through the power of the Spirit and the love of Jesus Christ.

Amen.

Sharing of the Peace

The peace of Christ be with you always.

And also with you.

The people may greet one another with a sign of Christ's peace and may say, "Peace be with you" or similar words. The assembly is seated.

Offering – Collection of our offerings.

Please rise as you are able in body or spirit.

Offering Prayer

Let us pray.

God of all creation, all you have made is good, and your love endures forever. You bring forth bread from the earth and fruit from the vine. Nourish us with these gifts, that we might be for the world signs of your gracious presence in Jesus Christ, our Savior and Lord. Amen.

THE MEAL

GREAT THANKSGIVING

The Lord be with you. **And also with you.**

Lift up your hearts. **We lift them to the Lord.**

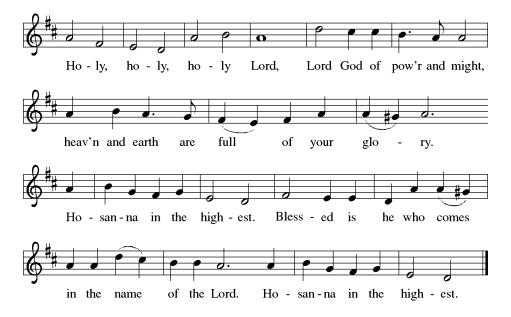
Let us give thanks to the Lord our God. It is right to give our thanks and praise.



PROPER PREFACE

It is indeed right, our duty and our joy, that we should at all times and in all places give thanks and praise to you, almighty and merciful God, through our Savior Jesus Christ; who on this day overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. And so, with all the choirs of angels, with the church on earth and the hosts of heaven, we praise your name and join their unending hymn:

Sanctus: Holy, Holy, Holy



The Words of Institution

In the night in which he was betrayed, our Lord Jesus took bread, and gave thanks; broke it, and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me.

Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying:
This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin.
Do this for the remembrance of me.



The Lord's Prayer

Let us pray as Jesus taught us:

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, forever and ever. Amen.

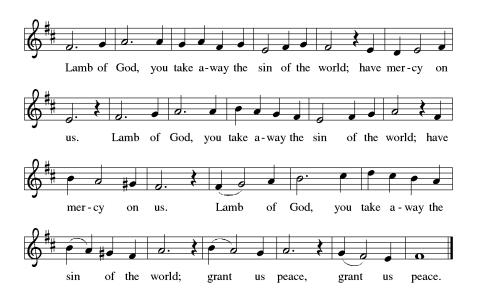


Invitation to Communion

Come to the banquet, for all is now ready.

Please be seated and wait to come forward for Holy Communion after the singing of The Lamb of God song.

Lamb of God





Hymn During Communion: ELW #483 "Here is Bread" Sing Continuously

Blessing after Communion

After all have returned to their places, the assembly stands. The presiding minister may say a table blessing; the assembly responds **Amen.**

Prayer after Communion

Let us pray.

God of abundance, with this bread of life and cup of salvation you have united us with Christ, making us one with all your people. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue forever in the risen life of Jesus Christ, our Lord.

Amen.

Sending Blessing

The Lord bless you and keep you.

The Lord's face shine on you with grace and mercy.

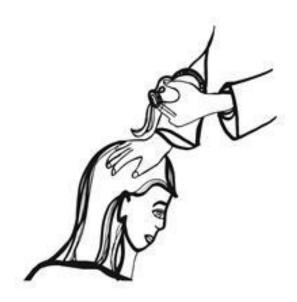
The Lord look upon you with favor and + give you peace.

Amen.

Sending Song: ELW #545 "Lord, Dismiss Us with Your Blessing"

Dismissal

Go in peace. Remember the poor. Thanks be to God.



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Today's Lay Leaders

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Ushers: Deanna Posig and Linda

Kolar-Wood

Communion Assistant:

Judy Goodwin

Altar Guild:

Deanna Posig

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